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**Festive**

**Tennis, Squash/Racketball and Fitness Classes**

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| --- | --- | --- | --- | --- |
| **Date** | **Session** | **Time** | **Price** | **Sign up** |
| **22nd Dec** | **Cardio Tennis**  **Cardio Tennis**  **Core Fusion** | **06:45am**  **08:00am**  **09:30am** | **£3**  **£5**  **Free** | **No**  **No**  **No** |
| **23rd Dec** | **Pilates**  **Dynamic Fusion**  **Tennis Mix in** | **08:45am**  **10:00am**  **2pm – 4pm** | **£1**  **Free**  **£1** | **No**  **No**  **No** |
| **27th Dec** | **Club Sports day Children welcome** | **10:30am – 12:30pm** | **£5** | **Yes** |
| **28th Dec** | **Energise Circuits** | **10:00am** | **Free** | **No** |
| **29th Dec** | **Cardio Tennis**  **Core Fusion**  **TGI** | **06:45am – 07:30am**  **09:30 am**  **7pm – 8pm** | **£5**  **Free**  **£2** | **No**  **No**  **No** |
| **30th Dec** | **Dynamic Fusion**  **Mix in** | **10:00am**  **2pm – 4pm** | **Free**  **£1** | **No**  **No** |
| **31st Dec** | **Metafit** | **09:30am** | **Free** | **No** |
| **2nd Jan** | **Racketball Mix In** | **6:30-8pm** | **Free** | **No** |
| **3rd Jan** | **Back to normal** |  |  |  |

**Please sign up for the sports day please so we can staff it correctly and pre order food. Classes not on the list aren’t running, but all classes will be back to normal for January 3rd.**

**Have a great Christmas and New Year, stay active.**