

Squash & Racketball Player Guidance at WLTSC

Updated on 26th September 2020 - Members must make themselves familiar with the guidance documents and comply with the club's guidance below at all times. Failure to comply will trigger the disciplinary process.

Reference Documents

<https://www.englishsquash.com/news/england-squash-coronavirus-statement>

<https://www.gov.uk/government/publications/staying-alert-and-safe-social-distancing/staying-alert-and-safe-social-distancing>

Any amendments will be indicated with **[NEW]** and **[UPDATED]**

BEFORE PLAYING

- Do not leave your home to play squash & racketball if Government advice means that you should stay at home
- **[UPDATED]** Players from the same household or support bubble or squash and racketball bubble can play 'normally' as they would have previous to COVID-19.
- **[UPDATED]** Court bookings must be made via the MyCourts booking system and all names of players recorded and you must play on the court you have booked.
- **[UPDATED]** Court bookings are now showing as 60 minutes to allow a maximum of 45 minutes play and 15 minute court rest time. Please vacate the court after 45 minutes.
- Players should arrive ready changed to play
- All players should ensure that their playing equipment has been cleaned
- All players should ensure that they wash their hands before leaving home
- All players should use the court side hand sanitizer gel or hand washing facilities provided both before and after playing.
- Take your kit bag and belongings on court.
- All players should bring their own drinks bottle as no paper cups are available.

ON ARRIVAL AT THE CLUB

- **[NEW]** Face coverings must be worn in all areas of the club at all times except when playing.
- When returning to the courts for the first time, or as a new member, please arrange to meet with Marc Hughes, Sports Manager who will guide you through the rules and brief you on aspects of health and safety whilst playing.
- Aim to arrive at the Club 5 minutes before your start time
- Avoid congregating in groups of more than 6, observe social distancing at all times.
- Avoid touching communal surfaces such as, handles, walls etc and if you do so, sanitize immediately afterwards. Use the spray to clean the area and sanitise your hands immediately afterwards.
- **[UPDATED]** Court entrance can be via the fire door or the corridor. When using the corridor please take care if you meet anyone coming the other way by either waiting or observe mitigation by turning away from the person as you pass

DURING PLAY

- **[NEW]** We are following England Squash Phase 2 rules which allow:
 - Solo practice
 - Household/support bubble activity
 - 'Sides' and socially distanced practice with two members of different households

- Full court matches within squash bubbles of up to 6 players
- If practicing drills, playing sides or front & back, players should observe England Squash guidelines.
- Players must always be acutely aware of the social distancing rule particularly when playing or in the communal area outside the courts.
- Avoid touching your face (even if wearing gloves).

BALL CONTROL

1. Only one player should pick up the ball to serve unless from the same household.
2. Use your racket head or feet to return the ball to your opponent.
3. Do not pick up balls that are not yours.

AFTER PLAY

- After playing leave the court and take your belongings.
- Clean any touch points such as handles and door edges with the cleaning product available.
- Please do not attempt to clean walls with the products provided as they will damage the surface of play.
- Showers, toilets and changing rooms are open and will have a cleaning protocol to maximise safety however, it is recommended that you shower at home.
- Wash your hands on your return home and sanitize your equipment, particularly grips.

COACHING

- Contact your preferred Coach directly for available times.
- Coaches will be observing the same hygiene and distancing procedures as members
- Coaches will always pick up balls. Players should be encouraged to use their racket/feet to return balls and to avoid using hands and touching the balls.
- If coaching involves serving practice, then the player must use their own ball.
- **[UPDATED]** Coach led individual and household/support bubble sessions is permitted as is Coach led non squash bubble activity with socially distant practice with members from different households (up to 6 players, maximum 2 per court) and Coach led junior group sessions (up to 15 players, max 2 per court)

DISCIPLINARY PROCEDURE

- Whilst we recognise that the majority of members will observe these rules there will be some that do not.
- Failure to comply with the Government, ES and Club guidance above will result in an initial verbal warning.
- A second non-compliance will result in suspension of booking facility for one week.
- A further non-compliance will result in suspension for one month.
- The Squash & Racketball Chairman and Sports Manager will review any further action.

EMERGENCY PROCEDURES

- **On those occasions when there is no Staff representative on site please ring the following in an Emergency**

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| ○ Facility Manager | Neil Patel | 07810 057381 |
| ○ Sports Manager | Marc Hughes | 07766 220275 |